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澳洲本土公司在抗击中国环境污染方面可发挥积极的作用

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一家以其椰花(西兰花)芽粉产品,其营养价值而引起广泛关注的澳洲公司也可能在中国抗击空气污染对健康的影响方面发挥作用。

Super Sprout 近年来生产100%纯正的非转基因水果和蔬菜粉,经历了快速的发展,目前产品在澳洲全国范围内销售,并出口到美国和中国。

在中国,大约在近300名居住在污染最严重的地区之一的男性和女性的临床试验中发现椰花(西兰花)芽可能有助于防止、减少空气污染的毒害。

发表在“癌症预防研究”杂志上,2014年的研究发现,参加饮用椰花(西兰花)芽制作的啤酒的试验参与者,通过尿液会更快地从体内排出致癌化学苯。

研究人员证明椰花(西兰花)芽饮料中的萝卜硫素,一种植物化合物可以降低罹患乳腺癌,膀胱癌和前列腺癌的风险,有助于控制血压水平和降低胆固醇。

Super Sprout 的创始人Melinda Richards 将于下个月访问中国,她表示,该项研究结果表明椰花(西兰花)芽粉对改善健康的益处。

“我们很早就知道椰花(西兰花)芽粉的营养价值令人难以置信,但其潜在的缓解污染影响的特性为我们的中国客户提供了更多的食物考量,”她说。

“空气污染是一个严重的公共卫生问题,特别是在中国等人口众多的国家,该研究论文的共同作者指出仅仅减少污染排放是不够的。“他说我们还需要利用科学来找到保护个体免受暴露于污染环境的方法,而关于椰花(西兰花)芽效用的发现表明,以食物为基础的策略是实现这一目标的一种方式。”

Melinda Richards 女士说, Super Sprout 在墨尔本北部的工厂的环境控制车间水培种植椰花(西兰花)芽,在那里收获豆芽,冷冻干燥并碾磨成粉末,通过澳大利亚各地的健康食品商店和、有机食品店以及网上商城销售。

“一茶匙碾碎的椰花(西兰花)芽粉含有约10茶匙的椰花(西兰花)芽,没有任何隐藏的添加剂,” Melinda Richards 女士说。

与新鲜蔬菜相比, Super Sprout 的椰花(西兰花)芽粉提供便捷,保质期长,每次食用可获得更高浓度的萝卜硫素等特点,瞬间便可将每一餐变成“超级食物”。

Super Sprout 是一家屡获殊荣的澳大利亚家族企业,专门生产100%纯天然果蔬粉,同时是优质新鲜,无麸质和纯素食品,产品以满足澳洲和全球食品市场的需求。

有关更多信息,请访问www.supersprout.co

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Australian local companies can play an active role in combating environmental pollution in China

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An Australian company that has attracted widespread attention with its coconut (broccoli) bud powder product may also play a role in combating the health effects of air pollution in China.

Super Sprout has produced 100% pure non-GMO fruits and vegetable powders in recent years and has experienced rapid development. Currently, the products are sold nationwide in Australia and exported to the United States and China.

In China, the discovery of coconut (broccoli) buds in nearly 300 male and female clinical trials in one of the most polluted areas may help prevent and reduce air pollution.

Published in the journal Cancer Prevention Research, a 2014 study found that participants who participated in beer brewed with coconut (broccoli) buds discharged carcinogenic chemical benzene faster from the body through the urine.

Researchers have shown that sulforaphane, a plant compound in coconut flower (broccoli) bud beverages, can reduce the risk of breast, bladder and prostate cancer, help control blood pressure levels and lower cholesterol.

Melinda Richards, founder of Super Sprout, will visit China next month, and she said the findings suggest a health benefits for coconut (broccoli) bud powder.

"We have long known that the nutritional value of coconut (broccoli) bud powder is unbelievable, but its potential to mitigate the effects of pollution has provided our Chinese customers with more food considerations," she said.

"Air pollution is a serious public health problem, especially in countries with large populations such as China. The co-authors of the research paper point out that it is not enough to reduce pollution emissions." He said that we also need to use science to find protection from individuals. The method of exposure to polluted environments, and the discovery of the effect of broccoli (broccoli) buds suggests that a food-based strategy is one way to achieve this. "

Ms. Melinda Richards said that Super Sprout planted coconut (broccoli) buds in the environmental control workshop of the factory in northern Melbourne , where it harvested bean sprouts, freeze-dried and ground into powder, through healthy food stores across Australia and organically. Food store and online store sales.

"One teaspoon of crushed coconut (broccoli) buds contains about 10 teaspoons of coconut (broccoli) buds without any hidden additives," Ms. Melinda Richards said.

Compared to fresh vegetables, Super Sprout's coconut (broccoli) bud powder provides convenience, long shelf life, and a higher concentration of sulforaphane for each serving, instantly turning each meal into a "superfood".

Super Sprout is an award-winning Australian family-owned company specializing in the production of 100% natural fruit and vegetable powders, as well as high quality fresh, gluten-free and vegan foods to meet the needs of the Australian and global food markets.

For more information, please visit www.supersprout.co

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